

## Thinking about stopping?

**From 1st April 2016, Worcestershire County Council will only fund a smoking cessation service for pregnant women. Your GP will no longer be able to prescribe you with products to support you to stop smoking.**

If you want help to stop smoking, you can go to a local pharmacy for information and advice about quitting and nicotine replacement therapies.

Have a look at these websites for tips on how to quit:

- NHS Smokefree (<http://www.nhs.uk/smokefree>)
- NHS Choices – Stop Smoking

If you have any questions regarding the change to the stop smoking service, these need to be directed to Worcestershire County Council.



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